



AGENDA COVER MEMO

Memorandum Date: October 18, 2024

Order Date: November 5, 2024

TO: Board of County Commissioners

DEPARTMENT: Community Justice and Rehabilitation Services

PRESENTED BY: Greg Rikhoff, Community Justice and Rehabilitation Director,
Patti Robb, Youth Services Manager, Peggy Defazio, Youth
Services Clinical Programs Supervisor

AGENDA ITEM TITLE: IN THE MATTER OF APPROVING AN APPLICATION FOR
THE CREATION OF AN EXTENDED DETENTION PROGRAM
IN YOUTH SERVICES AND DELEGATING AUTHORITY TO
THE COUNTY ADMINISTRATOR OR THEIR DESIGNEE TO
SUBMIT APPLICATION AND SIGN CONTRACT.

I. MOTION

In the matter of approving an application for the creation of an Extended Detention program in youth services and delegating authority to the County Administrator or their designee to submit application and sign contract.

II. AGENDA ITEM SUMMARY

The board is being asked to approve the submission of an Extended Detention Program application to Youth Development of Oregon, which will be named Youth Services RISE Program (Recovery-Integrated Stabilization and Evaluation Program).

III. BACKGROUND/IMPLICATIONS OF ACTION

A. Board Action and Other History

This is the first time the board will address the creation of an Extended Detention Program, Youth Services RISE Program, within Youth Services.

On February 27, 2024, Youth Services suspended new referrals to its Phoenix Behavioral Rehabilitation Services (BRS) Residential Treatment Program in anticipation of the creation of an Extended Detention Program.

B. Policy Issues

The Youth Services Phoenix (BRS) Residential Treatment Program struggled to keep youth in the program for a variety of reasons including a reduction in referrals, operational barriers created by new legislation, and an increased need for a higher level of care for youth needing secure substance withdrawal and/or mental health stabilization. Youth were not receiving the services they needed within the Phoenix BRS Residential Treatment program, so an Extended Detention Program, Youth Services RISE Program, is being developed to support the current and evolving needs of justice-involved youth served by Youth Services.

The mission of the Youth Services RISE program is to provide recovery-integrated stabilization, evaluation, and treatment services to court-ordered youth ages 12 to 18. Services will include mental health and substance abuse screening and evaluation, behavioral stabilization, medically assisted treatment (MAT) detoxification, psychiatric medication consult and management, individual and group therapy, neurofeedback therapy, and acute evidence-based treatment curriculum for youth with singular or co-occurring disorders.

The length of stay for a youth court-ordered into the program will be a maximum of 30 days, pursuant to statute and Oregon Administrative Rule.

The outcome goals for the Youth Services RISE program are to increase youth and family resiliency, improve youth connection, inclusion, and belonging, reduce systematic disparity, reduce criminogenic behaviors and recidivism, reduce mental health symptoms, and reduce commitment of youth to Oregon Youth Authority for access to a higher level of care.

Youth Services detention policies are currently being updated to reflect the new continuum of care provided by The Youth Services RISE Program.

C. Board Goals

This action meets the Board's strategic plan priority 1: Safe and Healthy County.

D. Financial and/or Resource Considerations

The creation of an Extended Detention Program comes with some financial changes in revenue. With the discontinuation of the Phoenix BRS Residential Treatment Program comes a pause in revenue for Behavioral Rehabilitation Services (BRS) residential treatment. Youth Services RISE will generate revenue with the ability to bill for Medicaid in July of 2025 and contract with Oregon Youth Authority and/or other county juvenile departments. It is estimated that these revenues will bring in a minimum of \$450,000 annually.

E. Health Implications

Lane County Youth Services provides services for youth ages 12-18 that have been referred for law violations or crimes. In 2023, 481 youth were referred to Lane County Youth Services. Of those youth, 204 youth were admitted to Lane County Detention with standard medical care and mental health crisis support. Youth in the Extended Detention Program, Youth Services RISE Program, will offer youth individualized evaluation, treatment services, and aftercare support in addition to standard detention services.

Exposure to crime can lead to low neighborhood attachment and community disorganization which is linked to a high risk of substance abuse, delinquency, and violence. Crime and violence can result in injury or property loss and provide fear or stress. Youth use of alcohol, tobacco and other drugs makes youth more at risk for addiction and related health outcomes. Youth Services vision includes lowering risk by increasing opportunity. Providing justice-involved youth with local and secure opportunities for stabilization, evaluation, and treatment builds resilience and protective for youth and improves community safety.

F. Analysis

Lane County Youth Services has identified a need for a secure recovery-integrated stabilization and evaluation program to improve treatment options for detained youth withdrawing from fentanyl or other substances, increase local opportunities for justice-involved youth to stabilize behavior and mental health conditions, and reduce commitment of youth to state custody for out-of-home placements or incarceration at a youth correctional facility. The Lane County Youth Services RISE Program will be available for adjudicated youth ages 12-18 who are court-ordered to participate in the program. Upon discharge from the program youth will transition to their homes with intensive outpatient treatment, family counseling, in-home skills support and community supervision. The program will increase youth resiliency, address trauma using evidence-informed treatment methods, improve engagement in outpatient treatment and community connection and resources, and reduce recidivism.

G. Alternatives/Options

1. Approve application for the creation of an Extended Detention Program in Youth Services and delegate authority to the County Administrator or their designee to submit application and sign contract.
2. Do not approve the application for submission. Direct staff to further develop the Extended Detention Program prior to board decision.

IV. RECOMMENDATION

Approve the submission of the application to Youth Development Oregon for the creation of an Extended Detention Program and delegate authority to the County Administrator of

their designee to submit application and sign contract.

V. TIMING/IMPLEMENTATION

Lane County Youth Services will submit an application to implement an Extended Detention Program to Oregon Youth Development in December 2024. If approved, full implementation of the program is anticipated to occur by July 1, 2025, which aligns with Medicaid revenue availability. Program measurables will be reviewed quarterly thereafter. Measurables will include outcomes for youth resiliency and recidivism, completion of outpatient treatment goals, and neurofeedback data.

VI. FOLLOW-UP

If the application is approved for submission, staff will submit the application and proceed with the creation of the Extended Detention Program.

VII. ATTACHMENTS

- A. Board Order
- B. Application for Extended Detention

BEFORE THE BOARD OF COMMISSIONERS OF LANE COUNTY, OREGON

ORDER NO: 24-11-05-05

In the Matter of
Approving an Application for the Creation of
an Extended Detention Program in Youth
Services and Delegating Authority to the
County Administrator or their designee to
Submit Application and Sign Contract.

WHEREAS, Community Justice and Rehabilitation Services, Lane County Youth Services Division, is seeking to create an extended detention program, Youth Services RISE; and

WHEREAS, there is an ongoing need in the community for an extended detention program to provide services to youth that are more intensive and acute than is currently offered; and

WHEREAS, a submission of an application must be approved by the Board of County Commissioners; and

NOW, THEREFORE, the Board of County Commissioners of Lane County **ORDERS** as follows:

1. Approve application for the creation of an Extended Detention Program in Youth Services and delegate authority to the County Administrator or their designee to submit application and sign contract documents.

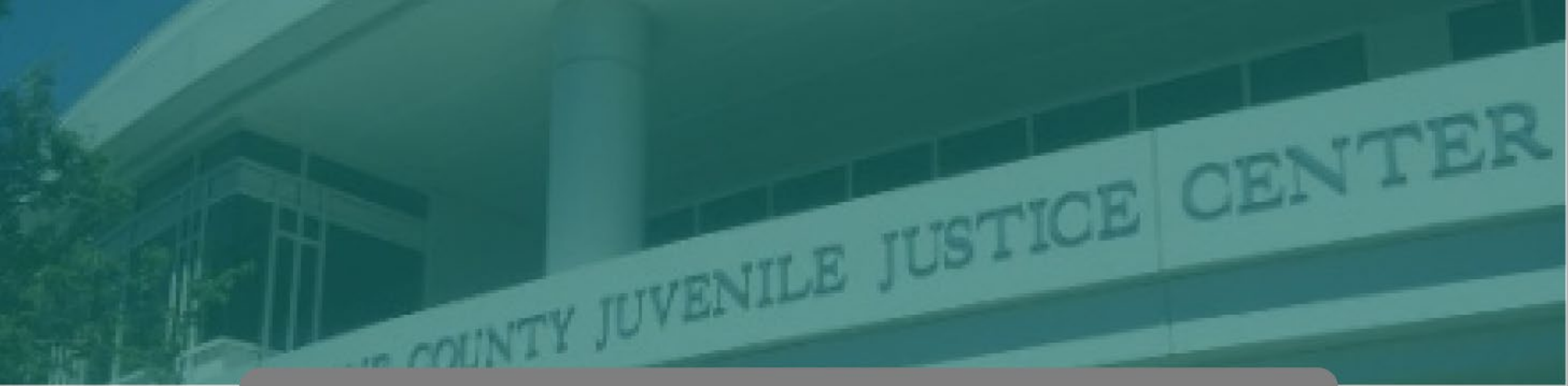
ADOPTED this 5th day of November, 2024.

Laurie Trieger, Chair
Lane County Board of Commissioners

Youth Services RISE Program

Recovery-Integrated
Stabilization and Evaluation





Proposed Program

16-bed co-ed Extended Detention (30-day) Treatment Program providing recovery-integrated stabilization, evaluation, and treatment services to court-ordered youth ages 12 to 18. Services include mental health and substance abuse screening and evaluation, behavioral stabilization, medically assisted detoxification, psychiatric medication consult and management, individual and group therapy, neurofeedback therapy, and acute evidence-based treatment curriculum for youth with singular or co-occurring disorders.



Youth Development of Oregon (YDO)

Lane County Board of Commissioners

Lane County District Attorneys Office

Lane County Youth Services

Wellpath (Medical Contract Provider)

The Center on Brain Injury Research and Training (CBIRT)

Oregon Youth Authority (OYA)

Oregon Department of Corrections

Other Extended Detention Programs

Public Safety Coordinating Council (PSCC)

Lane County Juvenile Court

Lane County Defense Consortium & Public Defender's Office

Lane County Education Service District (ESD)

Lane County Phoenix STRONG Outpatient Services

Oregon Department of Human Services (ODHS)

Oregon Health Authority

Lane County Law Enforcement Agencies

Cultural and Community Partners



Why? (Program Purpose)

- ✓ Increase Resiliency
- ✓ Improve Inclusion and Belonging
- ✓ Reduce Systematic Disparity
- ✓ Reduce Recidivism
- ✓ Reduce Mental Health Symptoms
- ✓ Reduce State Commitments

How? (The Process) Our Services



Who Qualifies

- Coed 12-18
- Adjudicated
- Formal Probation
- Probation Violations
- Fentanyl Withdrawal
- Psychiatric Stabilization



Evaluations

- Developmental Screening
- Suicide Screening
- Mental Health Screening
- Substance Abuse Evaluation
- Psychiatric Consult
- Crisis Evaluation
- JCP Risk Score Update



Treatment

- Individual Mental Health Tx
- Group Mental Health Tx
- Substance Withdrawal/MAT
- Individual Substance Tx
- Medication Management
- Neurofeedback Therapy



Aftercare

- Service Planning
- Weekly MDT
- Placement Screenings
- Education Planning
- Discharge to Outpatient
- In-Home BRS Services

What will determine Program Results?

RISE Program Measurables

Skills and Treatment Curriculum will be Evidence-Informed

Skills Curriculum

- Structure of Intellect
- Thrive by 25
- Mindfulness Skills

Treatment Curriculum

- Seeking Safety
- Neurofeedback
- Dialectical Behavioral
- Acceptance Commitment
- Aggression Replacement
- Multidimensional Family
- Attachment-Based Family

Measurables

- CD RISC (Resilience)
- Service Plan Goals
- Treatment Goals
- Neurofeedback Data
- JJIS Data
- PbS Data

Phoenix STRONG

- Individual Therapy
- Group Therapy
- Parent Education
- Substance Outpatient
- Support Groups

Revenue Impacts



- Replacement Revenue Target = \$450,000 annually (replaces former Residential BRS revenue)
- Estimated Revenue for Extended Detention & Outpatient Aftercare
 - 20 youth annually
 - 16 weeks total
 - \$25,000 total billable services per youth
 - Total \$500,000

Questions

